

**A Health Risk Assessment for VBCH Employer Members
Toward Healthy Company 2010**

Three years from now in 2010, will your company have a culture of health with lower health cost trends and higher workforce productivity?

In preparation for our September 27, 2007 Annual Membership Meeting, 8:30 AM - 10:30 AM, Williamsburg Marriott, 50 Kingsmill Road, Williamsburg, VA, which you are all invited to attend "free" (guests are \$25 each), we would like for you to assist us in two (2) ways:

- 1.) Complete and return this survey via FAX to (757) 497-5101.
- 2.) Also, FAX us a copy of your "Benefits At A Glance" Summary Sheet

Deidentified responses received by August 31, 2007 will be summarized and presented by Dr. Jerry Reeves, MD, Chief Medical Officer, of the Hotel Employees and Restaurant Employees International Union (HEREIU) during his keynote presentation.

COMPANY NAME: _____

Yes	No	Planning To	Won't Happen
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- | | Yes | No | Planning To | Won't Happen |
|--|-----|----|-------------|--------------|
| 1 We have a multidisciplinary Corporate Team to develop and assess company-sponsored health promotion programs. | | | | |
| 2 We send frequent communications about healthy living and covered benefits to all employees and dependents. | | | | |
| 3 We send communications to employees and dependents that show the health and out of pocket cost impacts of healthy choices and finding better performing providers. | | | | |
| 4 We pay for preventive services for employees and dependents. | | | | |
| 5 We have a Fitness Center (or subsidized gym membership) and/or hold sessions for weight control, tobacco cessation, and other wellness topics. | | | | |
| 6 We offer employees and dependents health risk assessments and access to self-directed care tools. | | | | |
| 7 Our employees and dependents with medical conditions have 24/7 access to health coaches and expert advice. | | | | |
| 8 We have lowered employee out of pocket costs and/or we offer other incentives for healthy choices and choosing better providers. | | | | |
| 9 We measure and report the health and cost impacts of our initiatives to senior managers and continuously improve our programs. | | | | |
| 10 We have recently shown our employees and dependents measured performance improvements by our health service providers. | | | | |

ABOUT MY COMPANY

Total employees
 Number of locations
 Insurer
 Circle One: Self-Insured Fully Insured

To receive results of the survey, and to be placed in a drawing for an Ipod Shuffle, to be given away at the meeting on September 27th, provide your contact information below.

Name: _____
 Position: _____
 Address: _____
 City, State, Zip: _____
 Phone: _____
 Email: _____

Please return your completed survey *and* "Benefits At A Glance" by August 31, 2007 to:
Barbara K. Wallace, EdD
 President & CEO
 Virginia Business Coalition on Health
 287 Independence Blvd., Pembroke II, Suite 218
 Virginia Beach, VA 23462
 FAX: (757) 497-5101
 Questions? Call 757.552.0913

